



FUNDACION PARA
EL EMPODERAMIENTO
PERSONAL

Summer 2016 Newsletter

IN THIS ISSUE

Summer Fun Reflection

by Corinne Korchinski-Fisher

This newsletter is dedicated to the most energetic members of the Foundation, our FEP Kids! Summer time is one of great excitement for the Foundation. We get the opportunity to have some fun with the children that have been participating in the personal development program during the year, as well as meet the new generation of children that will join the program in the fall.

To witness the growth of these children that have been participating in Foundation programming is such a testimony to the work the members have invested in not only improving the quality of their own lives, but the quality of the family life at home and in the community as a whole.

The excitement of the new generation comes by osmosis from the children already participating at the Foundation. The centre has been shared with this upcoming group of children as a safe and fun place that "helps you be

whatever you want to be!" What an honor to be that place for these young, smart, open and beautiful souls.

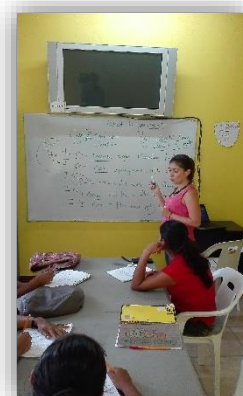
The Theme for Summer Camp 2016 was Family Values. The children participated in fun activities with the focus on Values. In small designated groups, "their families" the children learned how to work together and support each other. The emphasis was what are important values and how can we live by and practice these values in our daily lives.

Enjoy some of the photos and reflections from the children of FEP! Some have used this opportunity to share with you the English they have been practicing ☺



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Summer Camp 2016

By: Children of FEP

It was a very beautiful experience and funny because my family and I were together. Thanks to the foundation we are learning new stuff, (English, Values, Reading comprehension).

I liked the reality because it was nice and we worked together as a family. We also gave advices to each other.

Adriana



Hola a todos, mi nombre es **Estefanía de Dios Camba**, tengo 11 años de edad y vivo en Cañadas Puerto Vallarta, México, este verano por primera vez experimente un curso de verano, donde hice muchas actividades que me gustaron, como juegos en Inglés, juegos de Serpientes y Escaleras, hicimos yoga, aprendimos a cocinar, Bailamos con la maestra Vanessa, hicimos pulseras, tuvimos un día de películas, pintamos, pero lo más importante fue que conocí a otros niños y aprendí a trabajar en equipo y compartir.

¡Muchas gracias, me la pase increíble!!

Hello everyone, my name is **Estefanía de Dios Camba**, I am 11 years old and live in Canadas Puerto Vallarta, Mexico, this summer for the first time I experienced a summer camp where I did many activities that I liked, like games in English, games of Chutes and Ladders, did yoga, learned to cook, danced with teacher Vanessa, we made bracelets, we had a movie day, we painted, but the most important thing was that I met other children and learned to work together and share.

Thank you, it was amazing!!



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Contact Information



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Where is Las Cañadas?

Las Cañadas is located roughly 20 Minutes North-East from Puerto Vallarta and 20 Minutes South-East from Nuevo Vallarta. It is a small community comprised of approx. 200 homes.

FEP Canadian Office

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For More Information

www.fepfoundation.com

Program Update

FEP is currently providing the following programs for the members of the Foundation:

- **Women's Group Personal Development:** We are currently serving 2 'Generations' of women, with another group commencing in the late Fall. We are currently serving just over 30 women.
- **Men's Individual and Group Personal Development Program:** A small group of 3 men, but we hope to continue to grow this much needed program.
- **Adolescence Personal Development Group:** Our children are getting older! We now have a group of our older children in an adolescence group. They work on their personal development as well as serving the community.
- **Children Personal Development Group:** 3 new groups are being added Fall 2016. Now programming will be available to all children ages 6+ from Generation14 & Generation15
- **Individual, Couple's and Family therapy:** We are so thrilled to have our psychologist, Teresa Manzano, as a full time staff member to meet the needs of all the Personal Development Programs and Therapeutic Services. What a blessing to FEP!
- **English Training for Women, Men and Children:** Generation14 members participate in English Training, with the opportunity being extended to Generation15 soon. A special welcome to Vanessa ... our wonderful English Teacher. As well as a heartfelt THANK YOU to Colleen and Wally Mah from Saskatoon, SK for their donation for this year's English Program
- **Children's Reading Group:** Local volunteer Sandra has taken over the weekly reading club to encourage and support the habit and hobby of reading for enjoyment. This will be a great asset in the educational development of our FEP children

Participation

Winter Season is arriving quickly, and for many of you that means time in the beautiful Puerto Vallarta area. If you wish to take a tour or spend some time at the community centre in Las Cañadas, please email Corinne at c.kfisher@fepfoundation.com and we will arrange with you a time to share the FEP Community.

Fundacion Para El Empoderamiento Personal is currently a registered charity in both Canada and Mexico, giving us the ability to provide tax receipts for monetary and gift in kind donations. We currently have our application in to become a registered charity in the US, and patiently wait for our approval. To learn more about how your monetary donations will see look forward to sharing how funds are utilized please contact Executive Director.

Thank you to each of you for your interest and support of FEP Foundation.

