

LATEST NEWS FROM OUR FEP FAMILY







#### **5 YEAR REFLECTION**

Hugo Oregon, Director of Operations, shares his reflection as we celebrate 5 years since our needs assessment study that led us on our FEP journey.

#### **2018 WRAPPED UP**

The FEP Family celebrated another year of community at our annual Christmas/Year End celebration.



### 5 YEAR REFLECTION

#### **HUGO OREGON - FEP DIRECTOR OF OPERATIONS**

It's truly a pleasure for me to share my experience in FEP after 5 years of being part of this journey.

I came to the Foundation as each of the people who come to our community center in Las Cañadas, looking for a change in my life. First a personal change and then a change as a professional. It is amazing how God brought us together to this group of people looking for something similar, I mean the Korchinski family and of course all those who have been joining this

Five years after being part of this journey I can say that all the people come to FEP looking for a change or looking for help, but definitely what makes them stay is that they really are convinced that what they bring to this family has value. Corinne Korchinski defined it very well once, unlike other organizations, at FEP the people who come are not recipients of help, because their experiences and knowledge have a lot of value and can contribute to improving the lives of others.

After 5 years of work in the community, we have built a reputation and each of the members who participate in the personal development programs supports the respect we have through their actions, their personal change and their families. Personally I have learned from each of the life stories. I have seen that whoever learns to forgive is released from powerful things like resentment and guilt. I have learned that when your life experiences leave you with a pain so great that the human cannot relieve, your higher power is trying to communicate with you to let you know the purpose behind that pain.

I HAVE SEEN THAT WHOEVER LEARNS TO **FORGIVE IS RELEASED** FROM POWERFUL THINGS LIKE RESENTMENT AND **GUILT** 



Something that as facilitators of the personal development programs we face is to be congruent, that is, we cannot improve something that we are not willing to experience. This is one of the greatest benefits that I have had in my personal life, it helps me always seek to improve as a husband, father and as a human being.

Professionally the growth of the Foundation has required me to learn new things and to be honest, it has not been easy for me to learn to work through the staff because contact with people nourishes me and makes me feel good. It was very difficult for me to get rid of directly helping those I see who need it, however, growing as an organization and identifying opportunities to expand what we do at FEP is something that I love. To see how by sharing with people births an interest in them to know and get involved in some way, makes me feel proud that there are many who share our philosophy.

I know that many who read this contribute with FEP in some way without being present and see what we do in our community center. To all of you I want to say 'thank you for your trust'. For those who this might be your first contact with FEP, I want to tell them that 'we do not help people with their needs, but we help people to solve their needs' and I want to invite them if it is their **desire to help** someone, to see beyond the persons outstretched hand because that 'can change lives'. Build bridges that help to change our world. Many Blessings!



**WE DO NOT HELP PEOPLE WITH THEIR NEEDS, BUT WE HELP** PEOPLE SOLVE THEIR **NEEDS** 

## **2018 WRAPPED UP**

FEP CHRISTMAS CELEBRATION

OUR ANNUAL CELEBRATION WAS SHARED WITH FEP MEMBERS, THEIR FAMILIES, STAFF AND DIRECTORS. MEMBERS PERFORMED SONGS, SKITS AND DANCES.

FOOD, FELLOWSHIP, LAUGHTER AND REFLECTIONS FILLED THE EVENING ♥











PAGE 3



# **FEP IN 2019**

FEP PLANS AND GOALS

- 1 FEP Open's the doors to a new generation of members. After 2 years we are able to invite the people of Las Canadas, along with our extensive waiting list, to interview to join the FEP Family as part of GEN19
- 2 GEN15 Adults and GEN14 Adolescents commence with their graduation from the Personal Empowement Program.

  Members will mature into their new role as leaders in the foundaiton and community





3 New to the FEP team, Teacher Angie expands English Training with additional students and support classes





- 4 Professional
  Development programs
  expand with computer
  literacy, personal
  finances, resume and
  interview workshops,
- TO LEARN MORE ABOUT FEP AND HOW YOU CAN GET ENGAGED



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